

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2026

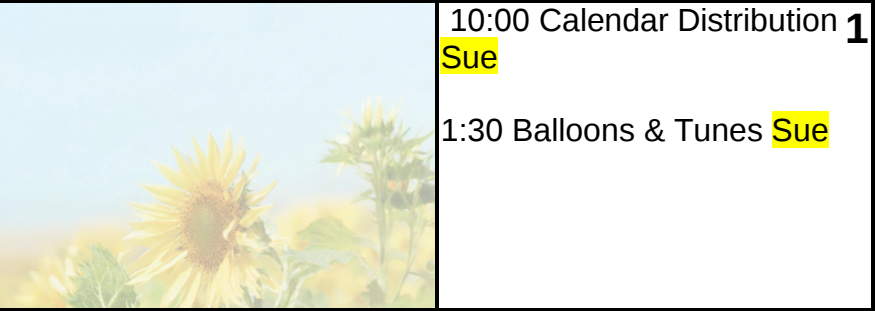
FIRST FLOOR

Calendar Distribution **M M**¹

Patio Social Ice Cream
Weekend **M M**

1:30 Crafts Sue 3:30 Bingo M	2 10:15 Games G 11:15 News on the Go G 2:00 Patio Social G	10:15 Patio Social M 11:00 News on the Go M	4 10:15 Bingo-MPR M G 11:00 Friendly Visits M 2:00 Arts & Crafts M 6:00 Garden Visits & Armchair Travel M	5 10:15 Patio Social M 11:00 News on the Go M	6 10:15 Arts & Crafts M 11:00 Friendly Visits M	7 11:30 Tuck Shop M 11:15 Friendly Visits M 1:30 Sing Along M
130 Crafts Sue 3:30 Bingo M	9 10:15 Exercise G 11:15 News on the Go G 2:00 Patio Social G	10 10:15 Sing Along M 11:00 News on the Go M 11:30 Billiards S 4:00 Friendly Visits M	11 MICHELLE VL STARTS 12 10:00 Patio Social M 11:00 News on the Go M 4:00 Friendly Visits M	12 10:00 Music Therapy 10:15 Patio Social M 10:30 Catholic Mass G	13 10:15 Patio Social-MPR M G 11:15 Piano Time M 3:00 Coloring Sue 6:00 Movie Sue	14 10:00 Tuck Shop M 3:00 Friendly Visits M
3:30 Bingo Sue	16 10:15 Balloons & Tunes G 11:15 News on the Go G 11:15 Armchair Travel M? 2:00 Patio Social G	17 10:15 Flower Arranging M 11:00 Piano Time M 3:30 Friendly Visits M	18 10:15 Bingo-MPR M G 11:00 News on the Go M 2:00 Billiards for Fun S 4:15 Friendly Visits M	19 10:15 Patio Social M 10:30 Resident Council G 11:00 News on the Go M	20 10:15 Arts & Crafts M 11:00 Friendly Visits M 3:00 Sing Along Sue	21 MICHELLE VL ENDS 22 10:00 Arts & Crafts M 11:15 News on the Go M
1:30 Hymn Sing Sue 3:30 Bingo M	23 10:15 Exercise G 11:15 News on the Go G 11:15 Billiards S	24 2:00 Birthday Social M & M 3:00 Friendly Visits M	25 10:15 Balloon & Tunes M 11:00 Card Games M 4:00 Friendly Visits M 6:00 Garden Visits & Armchair Travel M	26 10:00 Music Therapy 10:15 Patio Social M 1:30 Arts & Crafts M 3:00 Friendly Visits M	27 10:15 Patio Social-MPR M G 3:00 Sing Along M 6:00 Movie Sue	28 10:00 Arts & Crafts M 11:15 Friendly Visits M 11:30 Tuck Shop M
1:30 Hymn Sing Sue 3:30 Bingo M	30 10:15 Games G 11:15 News on the Go G 2:00 Patio Social G	31	First Floor			

Programming subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 August 2026 2nd Floor Wexford Creek 						10:00 Calendar Distribution 1 Sue 1:30 Balloons & Tunes Sue
2 2:15 Bingo M 3:30 Hymn Sing Sue	3 10:15 Patio Social Sue 11:30 Friendly Visits Sue 2:00 Games M	4 10:15 Flower Arranging Sue 1:30 Fun and Fitness M 3:00 Arts & Crafts M	5 10:15 Bingo (1 st ,2 nd) MPR GM 11:15 News on the go G 3:30 Friendly Visits M	6 10:15 Exercise G 11:00 Coloring G 1:30 Arts & Crafts M	7 10:15 Patio Social G 1:30 Crafts Sue 4:00 Friendly Visits Sue 6:00 Movie Sue	8 10:00 Patio Social M 1:30 Exercise Sue 3:00 Friendly Visits Sue M
9 2:15 Bingo M 3:30 Hymn Sing Sue	10 10:15 Patio Social Sue 11:15 Tuck Shop Sue 2:00 Games M	11 10:15 Flower Arranging Sue 10:00 Walking Program S 11:15 One-to-One S 2:00 Arts & Crafts M	12 Michelle VL starts 10:15 Bingo G 11:00 News on the go G	13 10:30 Catholic Mass G 11:00 Music Therapy	14 10:15 Patio Social (1 st ,2 nd) MPR M G 1:30 Exercise Sue 4:00 Friendly Visits Sue	15 11:00 Balloons & Tunes M 1:30 Sing Along Sue 3:30 Coloring Sue
16 1:30 Bingo Sue 3:30 Hymn Sing Sue	17 10:15 Patio Social S 11:15- Friendly Visits S 3:00 News on the Go G	18 10:00 Fitness Sue 10:00 Walks and Talks S 11:00 Flower Arranging S	19 10:15 Bingo (1 st ,2 nd) MPR GM 11:00 News on the go G 1:15 Arts & Crafts M 5:30 Armchair Travel S	20 11:00 Resident Council G 4:00 Friendly Visits M	21 10:15 Chair Chi G 2:00 Music with Cliff Sue M 4:00 Friendly Visits Sue 6:00 Movie Sue	22 Michelle VL ends 1:30 Patio Social Sue 3:30 Friendly Visits Sue M
23 1:30 Crafts Sue 2:15 Bingo M	24 10:15 Armchair Travel S 2:00 Birthday Party M & G	25 10:00 Flower Arranging M, Sue 11:00 Friendly Visits M	26 10:15 Bingo G 11:00 Friendly Visits G 1:30 Arts & Crafts M	27 10:00 Balloons & Tunes G 11:15 Coloring G 11:00 Music Therapy	28 10:15 Patio Social (1 st ,2 nd) MPR G M 1:30 Games Sue 4:00 Friendly Visits Sue	29 1:30 Walking Sue 3:30 Coloring Sue 2:00 Patio Time M
30 1:30 Sing Along Sue 2:15 Bingo M	31 10:15 Patio Social Sue 11:15 Coloring Sue 2:00 Games M	 2nd Floor Wexford Creek				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						Calendar Distribution Patio Social Ice Cream Weekend M M 5:30 Walking Program M
Morning Hymn Sing M 2	11:15 Spa Day M 12:30 Active Games M 3 4:15 Patio Bingo Social M 5:30 Walking Program M	11:15 Flower Arranging M 12:30 Flower Arranging M 4 2:00 Seated Active Game M 4:15 Friendly Visits M 5:30 Tuck shop M	11:15 Seated Balloon Games M 12:30 Active Games M 5 2:00 Ball Games M 4:15 Nail Spa M	10:00 Music Therapy 6 3:00 Spa Day M 4:00 Walking Program M	11:30 Walks G 7 1:30 Arts & Crafts M	11:15 News on the Go M 8 Patio Social Ice Cream Weekend M M 5:30 Walking Program M
Morning Hymn Sing M 9	11:15 Spa Day M 12:30 Active Games M 10 4:15 Patio Bingo Social M 5:30 Walking Program M	11:15 Flower Arranging M 12:30 Flower Arranging M 11 2:00 Seated Active Game M 4:15 Friendly Visits M 5:30 Tuck shop M	Michelle VL Starts 12 12:30 Active Games M	13 1:30 Craft Cards M	11:30 Walks G 14 1:30 Image Games M	1:30 Games M 15 3:00 Friendly Visits M
Morning Hymn Sing 16	17 3:00 Walks G	18 1:15 Flower Arranging M	11:15 Seated Ball Games S 19 12:30 Friendly Visits S 4:15 Walking Program S	20 10:00 Music Therapy 1:30 Spa Day M 3:30 Walking Program M	21 11:30 Walks G 3:00 Arts & Crafts M	Michelle VL Ends 22 11:15 News on the Go M Birthday Social M M 1:00-3:00 5:30 Walking Program M
Morning Hymn Sing M 23	11:15 Spa Day M 12:30 Active Games M 24 4:15 Patio Bingo Social M 5:30 Walking Program M	11:15 Flower Arranging M 12:30 Flower Arranging M 25 4:15 Friendly Visits M 5:30 Tuck shop M	11:15 Seated Balloon Games M 12:30 Active Games M 26 2:00 Ball Games M 4:15 Nail Spa M	27 1:30 Music with Keith M	28 11:30 Walks G 1:30 Image Game M Friendly Visits M	11:15 News on the Go M 29 Patio Social Ice Cream Weekend M M 5:30 Walking Program M
Morning Hymn Sing 30	11:15 Spa Day M 12:30 Active Games M 31 4:15 Patio Bingo Social M 5:30 Walking Program M					

Programs are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 August 2026						1 Saturday Ideas To Do 
2 2:30- CRIB & CARDS - PDR	3 B.C. DAY 	4 11:15- Lunch Outing to The Cranberry Arms *Sign up list at reception 2:30- "Yard Games" -Meet at Reception Desk	5 10:30 – Fitness with Bev – 2 nd Floor 2pm – Resident Town Hall Meeting & Popsicles	6 10am - Food Committee Meeting-Dining Room 1:30- Shopping Trip to Woodgrove Center *Sign up list at reception	7 10:15 Trivia - PDR 2pm Courtyard Concert - with Keith	8 SCRABBLE PUZZLES
9 2:30- CRIB & CARDS - PDR	10 10:30 – Sit & Be Fit – 2 nd Floor 2pm – BINGO! – 2 nd Floor	11 10:15 – Brain Games - PDR 1:30pm CribTournament - Dining Room	12 10:30 Fitness with Bev – 2 nd Floor 2pm – Birthday Tea with Otto - IL Dining Room 	13 10:15 – Giant Crossword - PDR 2:30 – Trip to the Big Bang Cidery Sign up list at reception	14 10:15 – News & Views with Shawn – 2 nd Floor 2pm- Happy Hour☺ - Dining Room	15 LIBRARY WALKS
16 2:30- CRIB & CARDS - PDR	17 10:30 – Sit & Be Fit – 2 nd Floor 2pm – BINGO! – 2 nd Floor	18 11:00- Picnic Lunch & Walk at Westwood Lake *Sign up list at reception	19 10:30 – Fitness with Bev – 2 nd Floor 2pm – BINGO! – 2 nd Floor	20 10:15 – Brain Games - PDR 1:15 – Walking Group to Parksville Sign up list at reception	21 10:15- "Yard Games" -Meet at Reception Desk 2pm- Happy Hour☺ - Dining Room	22 CARDS BLUE JAY BASEBALL
23 Shawn away this week 	24 10:15 Trivia - PDR	25 2pm – Bocce Ball	26 10:30 – Fitness with Bev – 2 nd Floor	27 10:15 – Brain Games - PDR	28 2pm – Games Hour - 2 nd Floor	29 
30 2:30- CRIB & CARDS - PDR	31 10:30 – Sit & Be Fit – 2 nd Floor 2pm – BINGO! – 2 nd Floor	 Independent Living				