

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



May 2026

<p>3 2:30- CRIB & CARDS - PDR</p>	<p>4 10:30 – Sit & Be Fit – 2nd Floor 2pm – BINGO! – 2nd Floor</p>	<p>5 10:15 – Brain Games - PDR 2pm- Mother's Day Tea - IL Dining Room <small>Cinco de Mayo</small></p>	<p>6 10:30 – Fitness with Bev – 2nd Floor 2:00pm – Resident Town Hall Meeting & Popsicles - Dining Room</p>	<p>7 10am - Food Committee Meeting-Dining Room 1:30- Shopping Trip to Woodgrove Center *Sign up list at reception</p>	<p>1 2pm- Happy Hour☺ - Dining Room <small>May Day</small></p> <p>8 10:15 – News & Views with Shawn – 2nd Floor 2pm – Nordly Ukelele Group -Dining Room</p>	<p>2 Saturday Ideas To Do ↓</p> <p>9 SCRABBLE PUZZLES LIBRARY</p>
<p>10 </p>	<p>11 10:30 – Sit & Be Fit – 2nd Floor 2pm – BINGO! – 2nd Floor</p>	<p>12 9:45-2:30 Legion Social Bus Trip -Coffee, Games, Lunch & Guest Speaker *Sign up list at reception</p>	<p>13 10:30 Fitness with Bev – 2nd Floor 2pm – BirthDay Tea with Terry – IL Dining Room</p>	<p>14 11:15 Lunch Outing to Mrs. Riches *Sign up list at reception</p>	<p>15 Shawn's away today 2:00- Games Hour - 2nd Floor</p>	<p>16 WALKS CARDS BLUE JAY BASEBALL <small>Armed Forces Day</small></p>
<p>17 2:30- CRIB & CARDS - PDR</p>	<p>Victoria Day 18 </p>	<p>19 10:15 – Brain Games - PDR 2pm – Bean Bag Toss - 2nd Floor</p>	<p>20 10:30 – Fitness with Bev – 2nd Floor 2pm- Brechin Church Hymn Sing - Chapel</p>	<p>21 1pm Shopping Trip to the Coombs Market *Sign up list at reception <small>Shavuot Begins</small></p>	<p>22 10:15 Trivia - 2nd Floor</p>	<p>23 Garden of Love Work Party 10:00am-1:00pm </p>
<p>24 2:30- CRIB & CARDS - PDR</p>	<p>25 10:30 – Sit & Be Fit – 2nd Floor 2pm – BINGO! – 2nd Floor <small>Memorial Day</small></p>	<p>26 10:15 – Brain Games - PDR 1:30pm CribTournament - Dining Room</p>	<p>27 10:30 – Fitness with Bev – 2nd Floor 2pm Ice Cream Social - Dining Room</p>	<p>28 9:30- Walking Group To Morrell Sanctuary *Sign up list at reception 2pm – BINGO! – 2nd Floor</p>	<p>29 10:15 – News & Views with Shawn – 2nd Floor 2pm- Happy Hour☺ - Dining Room</p>	<p>30 </p>
<p>31 2:30- CRIB & CARDS - PDR</p>	 <p style="text-align: center;">Independent Living</p>					

Sunday

Monday

Tuesday

Wednesday

Thursday








Friday

Saturday

May 2026

1st Floor Wexford Creek



<p>10:00 Hymn Sing and Coffee Social</p> <p>3</p>	<p>10:15 Exercise 11:15 News on the Go 1:30 Sing Along 3:00 Coffee & Connection</p>  <p>4</p>	<p>10:00 Woga 11:00 Colouring 1:30 Sing Along 3:00 Wellness Walks 4:15 Friendly Visits 5:30 Flower Arranging</p> <p>Cinco de Mayo</p> <p>5</p>	<p>10:00 Brain Games 11:00 Tuck Shop Visits 11:15 Billiards 1:30 Bus Trip 3:00 Bingo 4:15 Coffee Connections</p> <p>6</p>	<p>10:00 Music Therapy 11:00 Wordle 4:15 Wellness Walks</p> <p>7</p>	<p>10:00 Woga 11:00 Mandela Colouring 1:30 Name That 3:00 Cards 4:15 Billiards</p> <p>May Day</p> <p>1</p>	<p>10:30 Stretch & Reach 11:30 News for the Day 1:30 Wellness Walks 5:30 Bingo</p> <p>2</p>
<p>10:00 Hymn Sing and Coffee Social</p> <p>10</p> 	<p>10:15 Reminiscing 11:15 News on the Go 1:30 Andrew Sister Music Trivia 3:00 Friendly Visits</p> <p>11</p>	<p>10:00 Card Making 11:00 Positive News Stories 1:30 Connect 4 3:00 Walk a Blockers 5:30 Flower Arranging</p> <p>12</p>	<p>10:00 Stretch & Reach 11:15 Billiards 1:30 Susie Q Karaoke 3:00 Patio Refreshments 4:15 Tuck Shop Visits</p> <p>13</p>	<p>10:30 Catholic Mass 1:30 Bean Bag Toss</p> <p>14</p>	<p>10:00 Stretch & Reach 11:00 Bean Bag Toss Trivia 2:00 Music w/ Cliff</p>  <p>3:30 Spa</p> <p>8</p>	<p>10:30 Morning Exercise 11:30 News on the Go 1:30 Susie Q Karaoke 5:30 Bingo</p> <p>9</p>
<p>10:00 Hymn Sing and Tea Social</p> <p>17</p>	<p>10:15 Bunko</p>  <p>11:15 News on the Go 1:30 Patio Social 3:00 Friendly Visits</p> <p>Victoria Day (Canada)</p> <p>18</p>	<p>10:00 Card Making 11:00 Positive News Stories 1:30 Connect 4 3:00 Walk a Blockers 5:30 Flower Arranging</p> <p>12</p>	<p>10:00 Stretch & Reach 11:15 Billiards 1:30 Susie Q Karaoke 3:00 Patio Refreshments 4:15 Tuck Shop Visits</p> <p>13</p>	<p>10:00 Gardening 3:00 Billiards 4:15 Cards</p> <p>15</p>	<p>10:00 Gardening 3:00 Billiards 4:15 Cards</p> <p>15</p>	<p>10:30 Art Class 11:30 Short Stories 1:30 Iced Tea on the Patio 5:30 Bingo</p> <p>Armed Forces Day</p> <p>16</p>
<p>10:00 Hymn Sing and Coffee Social</p> <p>24</p>	<p>10:15 Bunko</p>  <p>11:15 News on the Go 1:30 Patio Social 3:00 Friendly Visits</p> <p>Victoria Day (Canada)</p> <p>18</p>	<p>10:00 Stretch & Reach 11:00 Trivia 5:30 Flower Arranging</p> <p>19</p>	<p>10:00 Colour Connection 11:15 Billiards 1:30 Name That 3:00 Snoezelen 4:15 Music on the Patio</p> <p>20</p>	<p>10:00 Music Therapy 10:30 Resident Council</p> <p>Shavuot Begins</p> <p>21</p>	<p>10:00 Woga 1:30 Movie & Floats 3:00 Snoezelen</p> <p>22</p>	<p>10:30 Connect 4 11:30 News for the Day 1:30 Painting 5:30 Bingo</p> <p>23</p>
<p>10:00 Hymn Sing and Coffee Social</p> <p>24</p>	<p>10:15 Exercise 11:15 News on the Go 2:00 Birthday Party</p>  <p>3:00 Coffee & Connection</p> <p>Memorial Day</p> <p>25</p>	<p>10:00 Woga 11:00 Positive News Stories 1:30 Popsicle Party 3:00 Movie Matinee 5:30 Flower Arranging</p> <p>26</p>	<p>10:00 Wordle 11:15 Billiards 1:30 Bus Trip 3:30 Sing Along</p> <p>27</p>	<p>10:00 Sing Along 11:00 Snoezelen</p> <p>28</p>	<p>10:00 Bingo 11:00 Cards</p> <p>29</p>	<p>10:30 Stretch & Reach 11:30 Brain Games 1:30 Cards 5:30 Bingo</p> <p>30</p>
<p>10:00 Hymn Sing and Coffee Social</p> <p>31</p>	<p style="text-align: center;">1st Floor Wexford Creek</p> 					

Programs subject to change.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday


Saturday

May 2026

2nd floor Wexford Creek



10:15 Elvis Music Trivia **1**



May Day

2
 11:15 Arts & Crafts
 1:30 Chair Exercise
 2:00 Armchair travel
 3:00 Friendly visits
 4:00 Billiards

3
 11:15 Tuck Shop & Walks
 1:15 Adult Coloring
 2:15 Bingo
 3:15 Friendly Visits


4
 10:00 Chair Exercise
 11:15 Arts & Crafts
 11:15 Tuck Shop
 5:30 Bingo
 6:30 Friendly Visits

5
 10:00 Brain Games
 11:15 Short Stories
 11:30 News on the Go
Cinco de Mayo

6
 10:15 Bingo

 11:15 News on the Go
 5:30 Movie & Spa Night
 6:30 Friendly Visits

7
 10:15 Reminiscing
 11:00 Music Therapy

8
 10:15 Bunko

 (Music on 1st fl)

9
 11:15 Tuck Shop & Walks
 1:30 Bingo
 2:30 Walks
 3:00 Balloons and tunes
 4:00 Movie of choice

10
 Mother's Day
 Afternoon tea
Mother's Day
National Skilled Nursing Care Week

11
 10:00 News on the go
 11:15 Short Stories
 5:30 Bingo
 6:30 Friendly Visits

12
 10:00 Adult Coloring
 11:15 Tuck Shop & Walks

13
 10:15 Bingo

 1:30 Bus Trip
 5:30 Movie & Spa Night

14
 10:15 Patio Social

 11:30 News on the Go

15
 10:15 Balloons & Tunes

16
 11:15 Arts & Crafts
 2:00 Birthday Party

Armed Forces Day


17
 11:15 Tuck Shop & Walks
 1:15 Bingo
 2:15 Mind Games
 3:30 Armchair Travel

18
 10:00 Brain games
 11:15 Arts & Crafts
 5:30 Bingo
 6:30 Friendly Visits
Victoria Day (Canada)

19
 11:15 Short Stories

20
 10:15 Bingo

 11:15 News on the Go
 5:30 Movie & Spa Night
 6:30 Friendly Visits

21
 10:15 Bunko

 11:00 Music Therapy
 11:00 Resident Council
Shavuot Begins

22
 10:15 Chair Chi

23
 11:15 Tuck Shop & Walks
 1:30 Active games
 2:15 Friendly visits
 3:00 Brain games
 4:00 Walks


24
 11:15 Arts & Crafts
 1:15 Chair Exercise
 1:45 Friendly Visits
 2:30 Bunko
 3:15 Walks


25
 10:00 Adult coloring
 11:15 Short Stories
 5:30 Bingo
 6:30 Friendly Visits
Memorial Day

26
 11:15 Tuck Shop & Walks

27
 10:15 Bingo

 11:15 News on the Go
 5:30 Movie & Spa Night
 6:30 Friendly Visits

28
 10:15 Patio Social

 11:00 News on the Go

29
 10:15 Reminiscing
 2:00 Music with Greg


30
 11:15 Arts & Crafts
 1:30 Hot chocolate social
 2:30 News on the go
 3:00 Armchair travel
 4:00 Billiards

31
 11:15 Tuck Shop & Walks
 1:15 Afternoon Movie
 2:30 Hymn Sing
 3:15 Armchair Travel

2nd floor Wexford Creek



Sunday

Monday

Tuesday

Wednesday

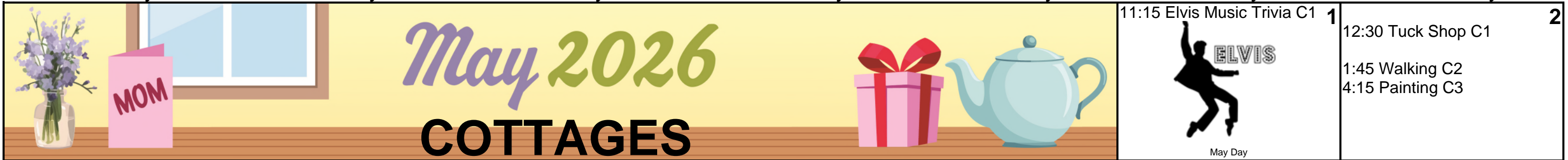
Thursday





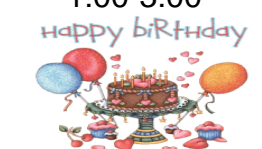

Friday

Saturday

May 2026

COTTAGES



<p>1:30 Exercise 3:15 Walking</p> <p>3</p>	<p>12:30 Chair Yoga C1</p> <p>1:45 Active Games C2 4:15 Bingo C3</p>	<p>12:30 Painting C1 1:45 Tuck Shop & Walks C2 4:15 Active Games C3</p>  <p>5</p>	<p>12:30 Spa Day C1</p> <p>1:45 Chair Exercise C3 4:15 Active Games C2</p> <p>6</p>	<p>11:00 Reminiscing C1 1:30 Short Stories C3 3:00 Name That C2</p> <p>7</p>	<p>11:15 Elvis Music Trivia C1</p>  <p>May Day</p> <p>8</p>	<p>12:30 Tuck Shop C1</p> <p>1:45 Walking C2 4:15 Painting C3</p> <p>9</p>
<p>Afternoon Tea</p>  <p>10</p>	<p>12:30 Chair Yoga C1</p> <p>1:45 Active Games C2 4:15 Bingo C3</p>	<p>12:30 Painting C1</p> <p>1:45 Tuck Shop & Walks C2 4:15 Active Games C3</p> <p>12</p>	<p>12:30 Spa Day C1</p> <p>1:45 Chair Exercise C3 4:15 Active Games C2</p> <p>13</p>	<p>10:00 Music Therapy 10:30 Catholic Mass 3:00 Sing Along C3 4:15 Wellness Walks C2</p> <p>14</p>	<p>11:15 Balloons & Tunes C2 11:00 Tuck Shop Visits C1,C2,C3 1:30 Connect 4 C1</p> <p>15</p>	<p>12:30 Tuck Shop C1</p> <p>1:45 Walking C2 4:15 Painting C3</p> <p>Armed Forces Day</p> <p>16</p>
<p>1:30 Exercise 3:15 Walking</p> <p>17</p>	<p>12:30 Chair Yoga C1</p> <p>1:45 Active Games C2 4:15 Bingo C3</p> <p>Victoria Day (Canada)</p> <p>18</p>	<p>12:30 Painting C1</p> <p>1:45 Tuck Shop & Walks C2 4:15 Active Games C3</p> <p>19</p>	<p>12:30 Spa Day C1</p> <p>1:30 Bus Trip 4:15 Active Games C2</p> <p>20</p>	<p>11:00 Bunko C3</p>  <p>Shavuot Begins</p> <p>21</p>	<p>11:15 Chair Chi C2 11:00 Brain Games C3</p> <p>22</p>	<p>Birthday Social 1:00-3:00</p>  <p>23</p>
<p>1:30 Exercise 3:15 Walking</p> <p>24</p>	<p>12:30 Chair Yoga C1</p> <p>1:45 Active Games C2 4:15 Bingo C3</p> <p>Memorial Day</p> <p>25</p>	<p>12:30 Painting C1</p> <p>1:45 Tuck Shop & Walks C2 4:15 Active Games C3</p> <p>26</p>	<p>12:30 Spa Day C1</p> <p>1:45 Chair Exercise C3 4:15 Active Games C2</p> <p>27</p>	<p>10:00 Music Therapy</p> <p>Music with Keith 1:00-3:00</p>  <p>28</p>	<p>11:15 Reminiscing C3 3:30 Coffee & Connection C1</p> <p>29</p>	<p>12:30 Tuck Shop C1</p> <p>1:45 Walking C2 4:15 Painting C3</p> <p>30</p>

1:30 Exercise
3:15 Walking

31



All Programs Subject to Change.